

# Self-Sufficiency Farming on a Private Island

## The One-Hectare Garden and Farm

**Imagine** you and your beloved are the only people on an island. Most of the time, you have no contact with the mainland but still need to comfortably survive.

All you need is a one-hectare farm on which to grow fruit and vegetables, a place to keep animals and the facilities to install solar panels and wind generators. You will see that with this system one can easily survive for long periods of time on an island. The illustrations here show examples of such farm operations.

This website provides an overview of a number of islands located throughout the world, which could be your host for a healthy, prosperous and even lengthy stay, without any services or deliveries from the mainland.

Self-sufficiency is an interesting concept, especially nowadays, where in many civilised areas, our environment is at stake and pollution is rife. For example, in Germany alone, there are 24,000 casualties yearly due to air pollution. Similar figures arise in other industrial countries.

We aim to promote a healthy and happy stay on an island and invite you to imagine you and your family on one of these islands.

We have chosen three categories of islands: the tropical, subtropical and temperate zones.

In these zones, we concentrate on islands large enough to host a one-hectare garden and farm. Whether you use the island for holidays, permanent living or as a rental property, the garden and farm will allow guests to enjoy a totally independent stay on the island – the ultimate security.

Needless to say, a variety of animals, fruit and vegetables should be included in the farm, similar to those on large farms on the mainland. The purpose of this calendar is to introduce the idea of a self-sufficient island. We would like to thank all the island managers, caretakers and owners who have contributed their experiences to this calendar. We are happy to consult wherever we can. Towards the end of the calendar, a selection of literature on the topic of self-sufficiency can be found.



Vladi Private Islands has commissioned [www.atelier-piel.de](http://www.atelier-piel.de) to create the above illustrations.